

# A Commitment to Well-being in Higher Education

August 2025

# IWC

Inter-association Well-being Collaborative

**IT IS TIME TO TRANSCEND** reactive, siloed, programmatic approaches to well-being and establish systemic, proactive, promising initiatives for campus communities. While students must receive appropriate and reactive care when needed, there are large-scale health benefits to systemic approaches that allow campus communities to flourish and thrive. By focusing on the whole—the whole person, the whole educational experience, the whole institution, the whole community—well-being becomes a multifaceted goal and a shared responsibility for the entire campus. The Inter-association Definition of Well-being states that well-being must consider both individuals and the systems and settings where those individuals exist, and provides a shared foundation to support these commitments.

## Mission

Innovating, supporting, and fostering a holistic, integrated, and strategic approach to well-being across higher education, through the collaboration of associations, building from a shared understanding and foundation.

## Vision

To be a catalyst for well-being in higher education.

## Calls to Action

### Literacy

Build a shared foundational understanding of well-being across higher education, ensuring that all professionals can see:

1. How well-being includes not only individuals—students, staff, and faculty—but also the systems and environments that shape their experiences; and
2. How well-being is integral to their daily work and campus life.

### Research

Gather and assess existing data and practices and work toward creating common benchmarking and data-gathering tools. This research will lay the foundation for a unified approach to improving well-being on campuses, ensuring that all members—regardless of their current level—can contribute to and benefit from collective insights, while fostering continuous improvement in policies, programs, and support systems.

### Advocacy

Amplify promising practices across different sectors of higher education and use these to advocate for well-being within and outside the higher education ecosystem. Findings will be shared with members of Inter-association Wellbeing Collaborative associations, and beyond.

Along with the above calls to action, the undersigned associations commit to:

- Model collaboration among associations in attempts to break down barriers within higher education
- Introduce other higher education associations to the conversation
- Provide feedback/involvement reflective of its membership
- Share updates from the Inter-association Well-being Collaborative to members

## Tier 1- Core Team



American College Health Association (ACHA)



NASPA: Student Affairs Administrators in Higher Education



NIRSA: Leaders in Collegiate Recreation

## Tier 2- Activators



American Association of Collegiate Registrars and Admissions Officers (AACRO)



ACPA—College Student Educators International



Association of College and University Housing Officers—International (ACUHO-I)



Association of College Unions International (ACUI)



Association of Student Conduct Administration (ASCA)



Association for University and College Counseling Center Directors (AUCCCD)



Building Healthy Academic Communities (BHAC)



College and University Professional Association of Human Resources (CUPA-HR)



National Association of Colleges and Employers (NACE)



National Association of Student Financial Aid Administrators (NASFAA)



The Society for College and University Planning (SCUP)



University Risk Management and Insurance Association (URMIA)

## Tier 3- Partners



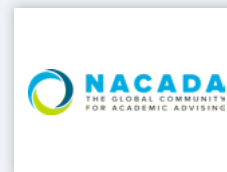
Association for the Advancement of Sustainability in Higher Education (AASHE)



Association on Higher Education and Disability (AHEAD)



Council for the Advancement of Standards in Higher Education (CAS)



NACADA: The Global Community for Academic Advising



National Association for Campus Activities (NACA)



National Association of College Auxiliary Services (NACAS)



National Association of Campus Card Users (NACCU)



NODA – Association for Orientation, Transition, and Retention in Higher Education

## Supporters



JED Foundation



U.S. Health Promoting Campuses Network