

Schedule Overview

November 6-8, 2019 • San Diego, California • Subject to change. Last updated: August 8, 2019



	Tuesday, November 5	Wednesday, November 6	Thursday, November 7	Friday, November 8
6:00am				
7:00am			Early Morning Workout 7:00am-8:00am	
8:00am		Registration/Check-in 7:30am-8:45am		Roundtable Sessions 8:00am-10:30am
		Meet & Greet 8:00am-8:45am		Coffee Break 9:15am-9:45am
9:00am			Ed Sessions 8:30am-11:30am	
10:00am	Registration/Check-in for Precons 10:00am-11:45am	Welcome & Keynote 9:15am-10:30am	Coffee Break 10:00am-10:30am	
11:00am		Ed Sessions 10:45am-11:45am		Grab & Go Lunches 10:30am-10:45am
Noon		Grab & Go Lunches 11:45am-Noon	Expo & Networking Luncheon 11:30am-1:30pm	Facility Tours 10:45am-4:00pm
1:00pm	SUP Workshop 1:00pm-4:00pm	Precon Facility Tours Noon-5:00pm		TBD Bike Tour Noon-3:00pm
		Fitness & Aquatic Sessions at UCSD 1:00pm-4:30pm	Stretching Break 1:30pm-1:45pm	
2:00pm			Ed Sessions 1:45pm-4:00pm	
3:00pm				
4:00pm			Triventure Mixer 4:00pm-5:30pm	
5:00pm				
6:00pm				