NEWS AND KNOWLEDGE FROM THE NATIONAL INTRAMURAL-RECREATIONAL SPORTS ASSOCIATION - DECEMBER 2000

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sidelines

America's Most Popular Outdoor Activities Participation in 1999*

FREQUENT PARTICIPATION

		Dujo
		a year
Rec Bicycling	17,151,000	52+
Rec Swimming	16,743,000	52+
Freshwater Fishing	13,176,000	15+
Day Hiking	7,872,000	15+
Rec Vehicle Camping	5,920,000	15+
Hunting-Shotgun/Rifle	5,665,000	15+
Tent Camping	4,838,000	15+
Saltwater Fishing	3,501,000	15+
Target Shooting-Rifle	3,475,000	15+
Target Shooting-Pistol	2,804,000	15+
PARTICIPATED AT LEA	ST ONCE IN	1999

Rec Swimming 95.094.000 56.227.000 Rec Bicycling Freshwater Fishing 44,452,000 Tent Camping 40.803.000 Day Hiking 39.235.000 Rec Vehicle Camping 17,577,000 Horseback Riding 16.906.000 Hunting -Shotgun/Rifle 16,779,000 Saltwater Fishing Target Shooting -Rifle 14,172,000

*U.S. Population; age 6 years or older Source: 8/00 Sporting Goods Manufacturers Association —SGMA



Facilities Symposium builds knowledge

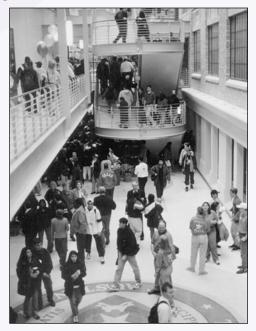
Nearly 150 NIRSA members attended the 2000 Facilities Symposium in October. The University of Texas at Austin hosted the group composed of directors, facility planners, facility managers, and other recreational sports professionals.

Facility experts presented key topics such as facility worth, choosing equipment, and master planning.

The participants got a first-hand glimpse of some remarkable properties by taking bus tours to facilities at the University of Texas at Austin, Texas A&M in College Station, Baylor in Waco, and Southwestern University in Georgetown.

Dr. Austin Gleeson, master planner for the University of Texas at Austin, presented the role of recreation centers in the overall scheme of college and university life.

continued on page N4



Gregory Gym at the University of Texas-Austin

Active.com to merge with Sierra Digital, developer of Recware

LA JOLLA, CA—Active.com will sign a definitive agreement to merge with Sierra Digital Inc. (SDI), developer of RecWare, a recreation management software product used by more than 1,000 park and recreation agencies, college and university sports departments and military installations nationwide.

"This merger is a logical step for us," explained Dave Alberga, president and chief executive officer, Active.com. "We're continually looking for ways to bring the convenience of online registration to anyone who wants to sign up for events, leagues and recreational activities. By joining forces with Sierra Digital, we seamlessly enable web activity and event registration for the largest installed customer base in

the park and recreation software market, while also extending this service to the nation's 200 million annual park and recreation participants."

Active.com now leads the market for online event registration — the company provides online registration for more than 15,000 events, says Alberga. As the established market leader for recreation management software, SDI complements Active.com's offering. SDI is the developer of RecWare Pro, the industry's most popular recreation management software, and it offers RecWare Safari, a new flagship product that delivers the industry's most technologically advanced software with all functionality integrated into a single, highly flexible software application.

Complete details and registration form for the Annual Conference and Recreational Sports Exposition in Reno, Nevada, March 27-31, 2001 can only be found in the insert in this December RSF, at nirsa.org, and from the NIRSA National Center upon request.



Tis the season

William T. Sells, NIRSA President, Ohio University

As the holiday season is upon with the hustle and bustle, the rapid pace of our society running here and there, and the stress and tension reaching an unusually high level, we have the opportunity to truly realize the role we play in the wholesome and worthwhile use of leisure activities, which develop positive attitudes toward self and promote and create healthy lifestyles.

The services we provide to assist society by relieving stress and tension, achieving balance, developing healthy living habits (physically, mentally, emotionally), and the opportunity to participate in activities for relaxation and enjoyment, become even more significant this time of year.

Our facilities and programs are essential components in sustaining and improving the quality of life for all with whom we come in contact. Recreational Sports is,

and can continue to be, "therapeutic," in the lives of those in our communities by relieving stress and tension, promoting relaxation and providing activities that create a sense of feeling good about oneself.

As I look at all that the recreational sports professional contributes to society, I say, "thank you!" You make an enormous difference. Continue to care and to share; your contribution to humankind is essential and will continue to have an enormous

impact on the future of all society.

On behalf of the NIRSA Board of Directors, the NIRSA National Center, and myself, I wish all of you the happiest of holidays. Enjoy this special time of the year with your family and friends, and be proud of all that you do!

Contact William T. Sells, NIRSA President, by writing to him at Division of Campus Recreation, Ohio University, Ping Student Recreation Center, Athens, OH 45701-2979; calling (740) 593-9907; faxing (740) 593-9903; emailing bsells1@ohiou.edu



national student reprsentative's message

Do a no-handed wheelie for NIRSA!

Nathan Martin, NIRSA National Student Rep, University of Southern Mississippi

Do you remember when you learned how to ride a bike? I hope you learned like I did, in the school of "Eat-it-until-you-don't-anymore." I even remember when I figured out how to do wheelies and how to ride with no hands. But if you remember, whether it was 20 years ago or 20 days ago, you didn't learn from a manual or textbook like you are doing in many of your classes. You learned by doing, with some help, I hope, from a mentor like your mom or dad.

Becoming educated via books and lectures works, and in some cases, it works

extremely well. But looking back on the experiences I have had as both an undergraduate and graduate student in Recreational Sports, I learned far more when I jumped on the bike and crashed.

I am a firm believer in the German model of education, which emphasizes people becoming producers of knowledge, not just consumers of knowledge (as students, we tend to be more of the former). With that being stated, what have you 'done' lately to learn about or enhance NIRSA and the Recreational Sports field? Have you volunteered or presented at any

NIRSA conferences or symposia? Have you written for the NIRSA Journal or decided to stand for a Student Representative position? I stated before that we have the opportunity to do great things, and these great things start with us.

So, when are you going to jump on the NIRSA bike and pull off that no-handed wheelie?

Contact Nathan Martin, National Student Representative by writing to him at The Univisty of Southern Mississippi, Recreational Sports, Box 5155, Hattiesburg, MS 39406-5155; calling (601) 266-5405; faxing (601) 266-577; emailing nathan.martin@usm.edu

Cast your vote

Please review these candidates for election and votes at the 52nd NIRSA Annual Conference and Recreational Sports Exposition in Reno NV, March 27-31, 2001.

Candidates for President-Elect



Brian P. Carswell

Brian Carswell has been a member of NIRSA for 18 years. Currently he is the Associate Director of Campus Recreation

at The University of Arizona, a position he has held for six years. He has worked in many capacities at Arizona, having served a one-year stint as Interim Director, as well as Assistant Director/Facilities and Assistant Director/Intramural Sports. He received his Master of Science degree in Physical Education from the University of South Carolina and his Bachelor of Science degree from the College of Charleston.

Brian has served NIRSA as Region VI Vice President and as Arizona State Director. In addition he has served as:

- Current member of the RSF Magazine Advisory Board
- Current member of Ad hoc 2002 Conference Program Committee
- Annual Conference Program Committee—1991,1993 & 2000
- Graduate of NIRSA Executive Institute, 1997 & 1998
- Graduate of NIRSA School of Recreational Sports Management, 1996
- Volunteer for the NIRSA Foundation Golf Tournament—1997, 1998 & 2000
- Host Committee for the 1997 National Collegiate Sport Club Volleyball Championships
- Coordinator for the 1993 Region VI Conference
- Co-editor of the NIRSA 1989
 First Edition of the Co-Rec Sports
 Rulebook

Brian has presented at numerous State, Regional and National Conferences and served as a member of the University CatCard Project Team that was presented the 1999 Governor's Award for Excellence.



Tamra L. Garstka

Tamra Garstka, CRSS, is a 15-year member of NIRSA. She received her Bachelor of Arts degree in Leisure Studies from

Iowa State University and a Master of Science degree in Recreation from the University of Southern Mississippi. Currently she is the Associate Director of Programming and Marketing at Arizona State University. Previously, Tammy was Assistant Director of Programming and Marketing at ASU and Assistant Director of Programs, Personnel and Promotions at Bowling Green State University.

While working on her Master's degree, Tammy also served as a Graduate Assistant at Southern Mississippi. She is a graduate of both the Executive Institute and the School of Recreational Sports Management. In addition, she has served as the NIRSA Arizona State Director. She has served on numerous NIRSA committees such as:

- Awards Committee
- Membership Committee
- Standards and Procedures Committee
- Ad hoc Program Committee
- Wellness Committee
- Fitness Committee
- Nominations and Election Committee
- Region VI Programming Committee
- Region VI Award of Merit Committee
- Region VI Conference Planning Committee

Tammy was the 2000 recipient of Arizona State's Outstanding Supervisor Award and has been awarded an Outstanding Alumna Award from Southern Mississippi. She has presented at numerous state, regional and national conferences in areas of fitness, wellness, research and assessment, and leadership and student development. Tammy has also been published in the NIRSA Journal.

It's In Your Court

Ian McGregor, Ph.D., Dominican University of California

Question: Our Campus Recreation department employs a significant number of part-time student staff. Due to their



transient nature, training in emergency response procedures is always a big issue. What are some guidelines for minimal levels of emergency response training?

Answer: This is an ongoing issue for most sport and recreation organizations with high staff turnover rates. The answer is you must take reasonable steps to ensure that in the event of an emergency, your department is able to respond effectively. The key point here is that not everyone has to be trained to the same level, and every institution must implement what makes sense. First, develop some overall policies, and figure out:

- 1. What emergencies need to be covered? Medical, fire, chlorine, ammonia, earthquake, etc? Then group them into two emergency types: medical and evacuation.
- 2. What kind of training is needed?
 - First Aid, CPR?
 - Staff members' roles during an emergency?
- 3. Who needs to be trained?
 - All staff (part-and full-time)?
 - Selected staff depending on situation?
 - Volunteers/others?

Again, not everyone needs to be trained to the same level: obviously, the staff that supervises higher-risk activities needs more emergency training.

Last piece of advice: Delegate this task to your department Risk Management Committee (or assemble a staff group). This guarantees that the policies developed are based on input from different program/facility sections within the department.

Editor's note: For more detailed information on emergency procedure issues, the NIRSA Risk Management Manual is a valuable resource. Details at nirsa.org. Mention this ad to receive 10% off the price: Member \$45/now \$40.50 and Retail \$75/now \$67.50.

FACILITIES SYMPOSIUM: Continued from front page

Jacqueline Hamilton, chair of the NIRSA Facilities Management committee, led the Facilities Symposium Planning Committee. Michael Giles and Greg Jordan served on the committee and secured speakers in the areas of operations, management, design, and construction.

For more details on University of Texas at Austin's facility and others, be sure to check out NIRSA's *Outstanding Sports Facilities Volumes II* and *III* in the NIRSA Solutions catalogue or visit *nirsa.org*.

sponsored/endorsed programs

USTA update

NIRSA is excited to announce an increase in the incentives for USA Tennis on College Campus Program in 2001.

If you are looking for a program that's easy to run and maintain, check out the programs being offered by the United States Tennis Association.

The two programs offered to the campus population are USA Tennis 1-2-3 and USA Team Tennis. USA Tennis 1-2-3 is designed to quickly teach basic skills to new players in a group environment.

The Team Tennis program provides the opportunity to play organized matches in a fun, friendly atmosphere.

For more information, please contact Valerie McCutchan at the NIRSA National Center or your USTA Sectional Replisted at *nirsa.org/usta1a.htm*.

Tell us what you think

Our goal is to listen to you, our members. Please consider NIRSA as your source for everything related to recreational sports, intramurals, fitness, and wellness. If there's anything we can do to make you happier, we want to know about it. Tell us what you think of our website or what sports and features you'd like to see in the NIRSA Know, RSF, and our conferences. Don't like what you see? Tell us— we can take it! Email your comments to nirsa@nirsa.org.

Candidates for Region I Vice President



Stephen Erickson

Stephen Erickson, CRSS, is a 19-year member of NIRSA. He received his Master of Arts in Recreation Education from

the University of Iowa and his Bachelor of Science degree in Physical Education/Recreation from Montana State University. For the past six years, he has been the Assistant Director of Physical Education and Recreation at Dartmouth College where he is responsible for intramural and sport club programming as well as co-directing the university's fitness center and teaching in the Physical Education department.

While at the University of Iowa, Steve served a two-year graduate assistantship with Recreational Services. He was previously employed for 10 years at Emory University in Atlanta, including nine years as the Coordinator of Recreational services and he taught as an adjunct professor in the Physical Education department.

Steve has served NIRSA as:

- Chair of the Elementary/Secondary Education committee
- Chair of the Student Leadership and Academic Awards Committee
- Hosted the 1993 Region II Conference

Steve has presented at numerous state, regional and national conferences. He is a volunteer fireman for the town of Lyme, NH, volunteers there as a youth sports coach and serves on the town's Recreation Committee.



Jeff Kearney

Jeff Kearney, CRSS, is the Assistant Director for Intramural Sports at the University of Maryland-College Park. He re-

ceived his M.Ed. in Education/Athletic Administration from the University of Nebraska-Lincoln, where he was also a graduate assistant. He received his BA degree in English from the University of New Hampshire. He is currently working on an Ed.D. Degree in Education Policy, Planning and Administration at the University of Maryland-College Park and he teaches in the Department of Kinesiology there.

A member of NIRSA for nine years, he has served in many capacities, including:

- Chairperson of the Soccer Committee
- Member of the extramural sports committee
- Created, wrote and directed "Between the Lines: The NIRSA Soccer Officiating Video."
- Member of the NIRSA/Active.com Blue Ribbon Committee
- Served as Region I Coordinator of the National Soccer Sport Club Championships
- An Officials' Clinician and Evaluator at the NIRSA National Flag Football Championships
- Served on the All American selection committee of the National Flag Football Championships
- Member of Region I Conf. Host Committee
- Dir. Regional Flag Football Championships
- Region V Student Representative
- A NIRSA Foundation Scholarship recipient.

In addition, he has presented at numerous State, Regional and National Conferences and has been published in the NIRSA Journal. He is a graduate of the School of Recreational Sports Management and is an accomplished sports official. He officiates baseball, softball and volleyball at the high school level, and basketball and soccer at the college level.

Candidates for Region III Vice President



Patrick Kennedy

Pat Kennedy, an 18-year member of NIRSA is currently the Director of Intramural Sports and an Assistant Professor of

Physical Education at Case Western Reserve University. Previously, he was Assistant Director of Recreational Sports at the University of Texas at Arlington. He received a Master of Arts in Recreation from the University of Maryland at College Park, and a Bachelor of Science in Physical Education from Miami of Ohio University. He was also a Graduate Assistant while at Marvland.

Pat has served as State Director of both Ohio and Texas. He has served as President and Vice-President of the Ohio Recreation Sports Association and has presented at many State and National Conferences. He has chaired the Honor Award and Membership Committees and is a recipient of the NIRSA Service Award and the ORSA Honor Award. Pat is a Certified Pool Operator and has an Athletic Facility Design and Construction Certification.

He has been named an Outstanding Young Man of America, is an Eagle Scout and a registered high school official in basketball, baseball and fastpitch softball. He also served on the Military Recreation, Research, Region III Recruitment and Retention Committees and is a member of the Board of the Ohio Collegiate Racquetball As-

Pat also served as President of the City of Cleveland's Gunning Recreation Advisory Committee and is a Trustee in the Suburban Umpires Association in Parma, Ohio.



Janet Wells

Jan Wells, CRSS, a 25-year member of NIRSA, has been on the staff of the Department of Recreational Sports at the

University of Michigan-Ann Arbor since 1976. Currently she serves as Associate Director for Club Sports, Facilities, and Marketing.

Jan received both her Master's and Bachelor's Degrees from Indiana University where she was also a Graduate Assistant. She has been the recipient of two NIRSA Service Awards, an Outstanding Young Woman of America Award and the Indiana University Division of Recreational Sports Outstanding Alumni Award.

In addition, Jan has served as Michigan State Director, Secretary/ Treasurer of the Michigan Intramural/ Recreational Sports Association. She has coordinated two state workshops, presented at numerous State, Regional and National Conferences and served for 13 years as the Director of the Schick Super Hoops 3-on-3 Basketball Program.

A graduate of the NIRSA Executive Institute, she has chaired many NIRSA Committees, including the Certification, By-Laws and Operating Code, Ad hoc Future Directions, and Standards Committees. Other NIRSA involvement includes:

- Affirmative Action Committee
- Career Opportunities Committee
- Finance Committee
- Proceedings Committee
- Co-Editor of "Preface to the Future -1992 NIRSA Conference Procedures"
- Co-Coordinator -Women's Track Presentations for '95 Annual Conference
- Publications Committee
- National Conference Program Committee
- · Region III Award of Merit Committee



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NIRSA's Mission Statement

The mission of the National Intramural-Recreational Sports Association is to provide for the education and development of professional and student members and to foster quality recreational programs, facilities and services for diverse populations. NIRSA demonstrates its commitment to excellence by utilizing resources that promote ethical and healthy lifestyle choices.

Pam Watts, Chief Financial Officer



Pam Watts, our Chief Financial Officer, was born and raised in Seattle. Her first job after she graduated from Regis University with a degree in accounting, was at Waste Manage-

ment, and she's also worked at Bader, Martin Ross and Smith (CPA firm), Diamond Parking, Inc. and Rainer Properties before joining NIRSA this year.

Since she and Derek married and bought a house in Eugene, Oregon, last year, Pam daily commutes 100 miles to and from the NNC. Her favorite things to do when she is not working are golf, skiing and movies; she also likes wine tasting, cooking, travel and camping. No pets ("too much traveling") and no hobbies. "Please," she says when asked, "Accountants aren't creative crafters!"

The best thing about NIRSA, she says, is the fast pace and the team of innovative thinkers she works with.

Call for photos

NIRSA's publication's department is requesting sports action photos from any activity to illustrate upcoming books and brochures. We currently seek photos to illustrate aquatics, special events, coaching, officials, crowds, and campus sports activities. Photos may be black and white, digital or color prints/slides but no Polaroids. They will not be returned and will become the property of NIRSA. Please send the photos to Sarah Hubert at NIRSA, and include a cutline for each with photographer's name, the activity, the school, parks/rec department, or military operation. Be sure to obtain a photo release for any recognizable person in the photo. For more information and to download the release form, go to nirsa.org.

Candidates for Region V Vice President



Joseph Kaminski

After graduating with a Bachelor of Arts degree from the College of Wooster, Joseph Kaminski, CRSS, has spent his

entire professional career at the University of Nebraska at Omaha. He was a graduate assistant and received his Master of Science in Physical Education from UNO and has held the positions of Assistant Director, Associate Director and currently is the Director of Campus Recreation. He is a 20-year member of NIRSA.

Joe has served as Nebraska State Director and has presented at State, Regional and National Conferences. He is a graduate of the Executive Institute and the School of Recreational Sports Management.

He also has hosted two state workshops and has served on the following committees:

- NIRSA Media Center
- Sport Club
- Membership
- Commuter/Community/Jr. College
- Basketball
- Student Leadership and Academic Awards
- Foundation Golf Tournament Volunteer



Ron Seibring

Ron Seibring is currently the Director of Sport Facilities and Campus Recreation at St. Cloud State University. His

previous employment stops have been Coordinator of Intramurals and Special Events at Wichita State University, Director of Intramural—Recreational Sports at the University of Wisconsin-Stout, and Director of Sport Clubs and Assistant Director of Intramurals at Western Illinois University. He received both his Masters and Bachelors degrees from Western Illinois University.

Ron, a 22-year member of NIRSA, has served as State Director in both Minnesota and Wisconsin. He has presented at State, Regional and National Conferences and has served on numerous NIRSA committees. He has hosted three state workshops and served as the co-chair for the national conference program committee.

Ron officiates at the high school and collegiate level in basketball, football volleyball, softball, baseball and track. He has hosted the USA Hockey Olympic Festival, the Minnesota Special Olympics Summer and Winter Games, the Minnesota State games and will host the 2001 Women's World Hockey Championships.

Call for research grants

NIRSA supports select, outstanding research projects through the NIRSA Research Grant program.

Up to \$2,500 will be awarded for research projects in 2001.

The deadline to apply for 2001 grants

is extended to January 15, 2001.

For more information, and program criteria, send a blank email message to grantapp@nirsa.org and you will automatically be emailed program criteria and an application.

Check out our new look!

NIRSA has a brand new exhibit booth that will be used at various trade shows — including our own—to generate exposure for the Association. NIRSA typically exhibits at the NRPA (National Recreation & Park Association) show and the Athletic Business/IHRSA show each year. For the

first time, NIRSA also exhibited at the MWR/ALA show this summer, in order to focus on the military recreation market. Stop by and visit the NIRSA team when we exhibit in your city—we'd love the chance to visit with current and potential members!



Start planning today to celebrate National Recreational Sports & Fitness Day: Thursday, February 22, 2001

No matter how you choose to celebrate, you will help call national attention to the positive benefits that participation in recereational sports, fitness activities and wellness programs contribute to Americans of all ages. NIRSA's 4,000+ individual and institutional members are proud of its focus on sports, fitness, health and wellness. Celebrating February 22 provides an opportunity to share our philosophy with individuals and communities nationwide. For more information, visit nirsa.org or contact sarah@nirsa.org.



NIRSA honors Oregon State University

Ideas for celebrating include...

3-on-3 basketball tournament Aerobics with local community Aikido Aqua splash Archery Backpacking Badminton club

Baseball Bicycle safety clinic Bike to the beach

Billiards Boat cruise

Boccie ball **Bowling**

Canoeing

Celebrity volleyball Climbing films

Climbing meets

Coed volleyball Cricket

Cross-country ski trip

Dance—swing marathon Demo of stretches for running Downhill ski trip

Fitness equipment clinic Flag football Floor hockey Frisbee



Palmer Home Children at Mississippi State

EMS demonstrations Equestrian contests Equipment demo Fencing demo Field hockey Fishing Fitness apparel fashion Fitness center triathlon Game films Games — darts, table tennis Golf Handball Health and wellness fair Hiking

Horseshoes Ice skating

Indoor soccer Intramural champions

T-shirt day

Jogging Judo demo

Karate

Kayaking

Lacrosse Martial arts

New games festival

Nutrition, fat and calories in fast food Officiating classes **Paddleball** Platform tennis

Racquetball Recreational sports all-

day or all-night event Red Cross lifesaving training

Relays

Rollerblading Roller skating

Rope jumping Rowing regatta

Run — 5K, 10K Running clinics

Sailboat rides

Special equipment rates Sports blooper films

Sports trivia bowl

Squash meet Synchronized swimming

Tae bo

Tae kwon do

Tai chi with students

and seniors

Teams contests in basketball, golf,

softballs Tennis match

Track meet

Triathlon TV celebrity sports

challenge



Palmer Home Children-Community Service-Mississippi State

Sand castles contest Screening of blood pressure, diabetes Skateboarding Snowball softball Soccer youth clinic Softball

Volleyball Walk with campus and city officials Walking—5K 10K Wallyball Water polo Weightlifting Windsurfing



Members on the Mov

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