We believe it is time to transcend reactive, siloed, programmatic approaches to health and establish foundational, proactive, well-being initiatives for the campus community. While students must receive appropriate and reactive care when needed, there are large-scale benefits to proactive, upstream approaches that will allow increasing numbers of students to flourish and thrive. By focusing on the whole — the whole person, the whole educational experience, the whole institution, the whole community — well-being becomes a multifaceted goal and a shared responsibility for the entire campus.

Mission: Commitment to Well-being in Higher Education

We commit to innovating, supporting, and fostering a holistic, integrated, and strategic approach to well-being from the association level to the institutional level.

Vision: An Integrated Focus on Creating a Culture of Community of Well-being in Higher Education

We commit to promoting cultures of integrated well-being on campuses worldwide through the collaboration of higher education associations.
Call to Action

Part One: Board of Directors

• To model collaboration among associations in attempts to break down barriers within higher education
• To approve staff time to work on this effort
• To bring in other higher education associations to the conversation

The undersigned Boards of Directors commit to innovating, supporting, and fostering a holistic, integrated, and strategic approach to well-being from the association level to the institutional level through the creation of resources, toolkits, and infrastructure.

Part Two: Convening through Professional Development

When NIRSA and NASPA signed the first iteration of this statement in March 2018, they envisioned convening a broad range of associations to engage in this work. The undersigned associations intend for this statement, and the efforts herein, to continue to grow. As a part of these efforts, engagements would take place at associations’ various professional development opportunities.

Part Three: Research Frameworks

The undersigned Boards of Directors support convening a consortium between ACHA, NASPA, NIRSA, and other organizations which hold valuable data to create a data framework from which to develop evidence-based activities to improve health and well-being of the entire campus community.

Part Four: Global Discussions

We hope to host a global conversation on health and well-being. This global conversation will focus on how different cultures define health and well-being. We hope to collaborate with the World Health Organization as a potential sponsor for this global conversation on health and well-being.