NIRSA Affinity Program

NIRSA Member Benefits

20% OFF All ACSM Core Certification exams and 10% Off All ACSM Certification workshops

To receive the exam discount, e-mail certification@acsm.org

FREE Get Certified Guide! call 1-800-486-5643
| CANDIDATE PROFILE | College students, professionals new to the field, individuals with or without a health-related degree | College graduates with exercise science-based degrees, experienced health and fitness professionals |
| WORK SETTING | Health club, university, corporate or community/public health settings | Health club, university, corporate or community/public health or hospital/clinical settings |
| PRIMARY RESPONSIBILITIES | • Works with healthy individuals or those with medical clearance to exercise  
• Performs basic fitness assessments and field tests  
• Makes appropriate exercise recommendations | • Conducts risk factor stratification  
• Works with special populations (elderly, obese, etc.)  
• Works with individuals with controlled disease  
• Performs exercise testing and develops comprehensive exercise prescriptions  
• Conducts program administration |
| ELIGIBILITY | • High school diploma or equivalent  
• Current Adult CPR (with practical skills component)  
• 18 years of age or older | • Bachelor’s degree*  
• Eligible to sit for exam if in last semester of degree program  
• Current Adult CPR (with practical skills component) |
| EXAM SPECS | Duration: 2.5 hours  
# of Questions: 150' | Duration: 3.5 hours  
# of Questions: 150' |
| EXAM COSTS | $223.20 for NIRSA Members  
$150 re-test | $223.20 for NIRSA Members  
$150 re-test |
| WORKSHOP DETAILS | 1-day $116.10 (NIRSA Members only) (for experienced professionals)  
3-day $337.50 (NIRSA Members only) (comprehensive review of core content) | 2-day $225 (NIRSA Members only) |
| WEBINAR DETAILS | 6 session series $216  
Single sessions $40.50 |  |
| RECOMMENDED STUDY MATERIALS | • ACSM's Resources for the Personal Trainer  
• ACSM’s Guidelines for Exercise Testing and Prescription  
• ACSM's Certification Review | • ACSM’s Guidelines for Exercise Testing and Prescription  
• ACSM’s Resource Manual for Guidelines for Exercise Testing and Prescription  
• ACSM’s Certification Review |
| CECs | Accumulate 45 CECs within a 3-year period and pay a $30 recertification fee | Accumulate 60 CECs within a 3-year period and pay a $45 recertification fee |
| 2010 PASS RATES | 72% first-time candidates | 61% first-time candidates |

1 INCLUDES TRIAL QUESTIONS  
* ELIGIBILITY FOR THE HEALTH FITNESS SPECIALIST CHANGED JULY 1, 2011 TO REQUIRE AN EXERCISE-BASED BACHELOR’S DEGREE.